Instructions:

Copy and paste the code from this page into your ThisOutlookSession project.

In Outlook, press Alt+F11 to open the VBA editor and expand Microsoft Outlook Objects then double click on ThisOutlookSession to open it in the editing pane and Ctrl+V to paste the code.

CODE :

Sub SaveSelectedMailAsTxtFile()

Const OLTXT = 0

Dim currentExplorer As Explorer

Dim Selection As Selection

Dim oMail As Outlook.MailItem

Dim obj As Object

Dim sPath As String

Dim dtDate As Date

Dim sName As String

Set currentExplorer = Application.ActiveExplorer

Set Selection = currentExplorer.Selection

For Each obj In Selection

Set oMail = obj

sName = oMail.Subject

ReplaceCharsForFileName sName, "\_"

dtDate = oMail.ReceivedTime

sName = Format(dtDate, "yyyymmdd", vbUseSystemDayOfWeek, \_

vbUseSystem) & Format(dtDate, "-hhnnss", \_

vbUseSystemDayOfWeek, vbUseSystem) & "-" & sName & ".txt"

oMail.SaveAs "C:\Users\Diane\Dropbox\For EMO\" & sName, OLTXT

Next

End Sub

Private Sub ReplaceCharsForFileName(sName As String, \_

sChr As String \_

)

sName = Replace(sName, "/", sChr)

sName = Replace(sName, "\", sChr)

sName = Replace(sName, ":", sChr)

sName = Replace(sName, "?", sChr)

sName = Replace(sName, Chr(34), sChr)

sName = Replace(sName, "<", sChr)

sName = Replace(sName, ">", sChr)

sName = Replace(sName, "|", sChr)

End Sub